



STI and BBV Health
Promotion

GUIDE TO
YOUNG DEADLY FREE
RESOURCES

youngdeadlyfree.org.au





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Introduction

Rates of STIs and BBVs in Aboriginal and Torres Strait Islander communities have been way too high for way too long – especially for young people in remote communities. It's time to turn this around. This means making regular sexual health checks a normal part of life for sexually active young people – without stigma and without shame.

Young Deadly Free, a project led by the South Australian Health and Medical Research Institute (SAHMRI), comprised of a set of interrelated activities aiming to substantially increase STI and BBV testing and treatment rates for Aboriginal and Torres Strait Islander young people living in remote communities across Queensland, Northern Territory, Western Australia and South Australia. The Project was delivered alongside a TV, radio and social media campaign to address the ongoing syphilis outbreak affecting communities across northern Queensland, the Northern Territory, Western Australia and South Australia. *Young Deadly Free* was funded by the Australian Government Department of Health, until 30 June 2019, funding for the syphilis campaign is ongoing. Read more about *Young Deadly Free*, and the syphilis campaign at: <https://youngdeadlyfree.org.au/about-us/>

Central to *Young Deadly Free* and the syphilis campaign has been development of innovative resources to support community and health services in efforts to significantly increase STI testing and treatment rates among young people in remote and very remote Aboriginal communities, and do so as quickly as possible. Otherwise healthy young people at risk of STIs and BBVs who do not generally access health services need to be made aware of how to protect against STIs and BBVs, the need to test regularly, and what's involved in treatment.

Young Deadly Free and syphilis campaign resources have been developed with input from communities participating in the Project, to ensure that they are culturally appropriate for the target audiences – young people and people of influence in the community. The key messages of these resources focus on STI and BBV testing and treatment, and the need to address the stigma and shame that can be associated with discussing sex and sexuality. *Young Deadly Free* clinician videos have been developed to support the induction, training and professional development of clinicians and health workers who are new to remote practice, including videos featuring experienced practitioners sharing insights and tips on engaging with young people on the need to test regularly for STIs and BBVs.

This booklet is a handy catalogue of *Young Deadly Free* resources. All these resources are available on the *Young Deadly Free* website – <https://youngdeadlyfree.org.au/>, or if you have trouble downloading they are available on USB using the order form at the end of this catalogue.

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Animations

Animations can help explain the facts about STIs & BBVs in an engaging way that's easy to understand, and not too confronting. We've produced these animations for young people to access directly via social media but they're also great tools for community education. The animations are available to order on USB. View the animations at: <https://youngdeadlyfree.org.au/resources/animations/>

STIs: educational animation for young Aboriginal and Torres Strait Islanders



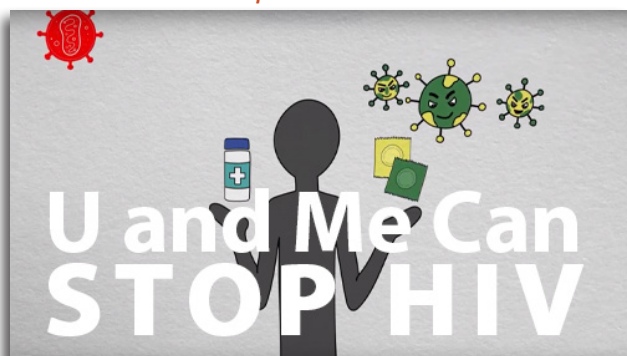
An educational animation about sexually transmitted infections for young Aboriginal and Torres Strait Islander people. Duration 2:15 mins

HIV: animation for young Aboriginal and Torres Strait Islanders



This video is about HIV, an important health issue for young Aboriginal and Torres Strait Islanders. Duration 2:55 mins

U and Me Can Stop HIV



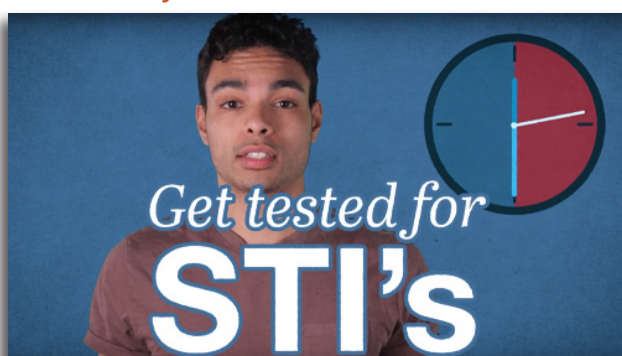
A short animation about the importance of getting tested for HIV. Duration 8:25 mins

PrEP: pre-exposure prophylaxis



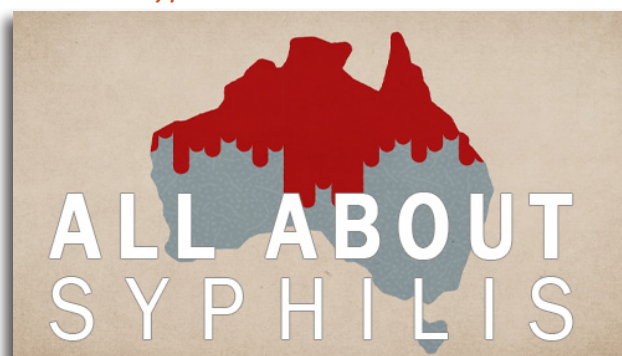
Educational animation about PrEP, a new way to reduce risk of getting HIV. Duration 2:11 mins

Get tested for STIs



A short animation about the importance of getting tested for STIs. Duration 2:56 mins

All about syphilis: an educational animation



A short animation about syphilis in Australia. Duration 1:33 mins




Factsheets

Factsheets on each of the STIs and blood borne viruses affecting young people in Aboriginal and Torres Strait Islander communities, and on what's involved in getting tested for STIs and blood borne viruses are available in two A4 formats – a longer form, as well as a shorter form outlining “the basics”. These Factsheets are easily downloaded and printed from:

<https://youngdeadlyfree.org.au/resources/factsheets/>


STI Factsheets



Bacterial Vaginosis


What is Bacterial Vaginosis?
Bacterial Vaginosis (BV) is an infection of the vagina.
It's normal for women to have good and bad bacteria in the vagina. Having too much bad bacteria can cause BV.
BV is common in our community.

How do you get BV?
BV is **not** a sexually transmissible infection (STI). You don't get it from sex. Symptoms are similar and you can get tested when you have symptoms.




Chlamydia

What is chlamydia (cla-mid-ey-a)?
Chlamydia is a sexually transmissible infection (STI).
We need to get informed about chlamydia so we can stop people from getting it.
Who does Chlamydia affect?
In Australia most people who get chlamydia are young people aged 15-29 years.
Chlamydia is very common in remote areas of Australia.



Donovanosis

What is donovanosis (donovan-osis)?
Donovanosis is a sexually transmissible infection (STI).
Donovanosis is not common in most of Australia but people in some Aboriginal and Torres Strait Islander communities are at low risk of getting it.
We need to get informed about donovanosis so we can stop people from getting it.
How do you get donovanosis?



Genital Herpes

What is genital herpes (jenital her-pees)?
Genital herpes is a sexually transmissible infection (STI).
Genital herpes is quite common.
We need to get informed about genital herpes so we can stop people from getting it.
How do you get herpes?
You can get genital herpes when you have vaginal, anal or oral sex.



Genital Warts or Human Papilloma Virus

What is Human Papilloma Virus? (Human pap-illoma vi-rus)
Human Papilloma Virus is also known as HPV.
HPV is sometimes also called genital warts because HPV can cause warts on the penis, vagina or anus (bum).
HPV is a sexually transmissible infection (STI).
HPV is very common – a lot of people have it. Both women and men can get it.



Gonorrhoea

What is gonorrhoea (gonna-ria)?
Gonorrhoea is a sexually transmissible infection (STI).
Gonorrhoea is very common in our community.
We need to get informed about gonorrhoea so we can stop people from getting it.
Who does gonorrhoea affect?
In Australia most people who get gonorrhoea are young people aged 15-29.




Mycoplasma Genitalium

What is Mycoplasma Genitalium?
Mycoplasma Genitalium is a sexually transmissible infection (STI) called MG.
MG can infect the vagina, the penis or the anus (the bum). It infects the parts called the mucous membranes.
We need to get informed about MG so we can stop people from getting it.
How do you get MG?



Syphilis

What is syphilis (sifa-lis)?
Syphilis is a sexually transmissible infection (STI).
Syphilis is an infection of the vagina, penis or anus (bum).
Syphilis is very common in our community.
We need to get informed about syphilis so we can stop people from getting it.
Who does syphilis affect?



Trichomonas

What is trichomonas (trike-o-mon-as)?
Trichomonas is usually called trich (trike) for short.
Trich is a sexually transmissible infection (STI).
We need to get informed about trich so we can stop people from getting it.
Who does trich affect?



Blood borne viruses Factsheets

Hepatitis B

What is hepatitis B? (hep-a-tite-is)

Hepatitis B or 'hep B' is a blood borne virus – a virus you can get who has hepatitis B gets into your blood.

There are two types of hepatitis B.

Acute hepatitis B:

- The acute period of hepatitis B lasts up to six months.
- Most adults who get hepatitis B recover or 'clear' the virus without treatment.

Hepatitis C

What is hepatitis C?

Hepatitis C is sometimes called hep C.

Hepatitis C is a blood borne virus that can damage your liver.

The good news is that hepatitis C can now be cured.

Hepatitis C is very common in our community. We need to get hepatitis C so we can stop people in our community from getting it.

HIV (Human Immunodeficiency Virus)

What is HIV?

HIV stands for human immunodeficiency virus. It is a blood borne virus that attacks your immune system - your body's defence against disease.

HIV is not very common among Aboriginal and Torres Strait Islander people in our community are getting it every year.

We need to get informed about HIV so we can stop people from getting it.

HIV Prevention — All about PEP

What's PEP?

PEP is short for HIV 'post-exposure prophylaxis'.

- PEP is a course of tablets you can take to prevent HIV if you have been exposed to HIV.
- You might have been exposed to HIV if you had sex with someone who has HIV, or you had a needle stick injury, or you shared injecting drug equipment, or you had a needle stick injury.
- PEP tablets work best if they are taken within 72 hours of exposure to HIV, e.g., within 72 hours of having sex without a condom.
- A course of PEP medicine is taken for about 30 days.

HIV Prevention-All about PrEP

What's PrEP?

PrEP is short for HIV 'Pre-Exposure Prophylaxis'. PrEP is a medicine that can prevent HIV.

How does PrEP work?

- Truvada was developed as a medicine for people with HIV.
- Truvada tablets also prevent people who don't have HIV from getting it if they take it as prescribed by the doctor. This is called PrEP.
- PrEP works by stopping HIV from taking hold in the body.
- If you have sex without a condom and you are exposed, e.g., if you had sex without a condom with someone who has HIV, PrEP can help prevent you from getting HIV.

HIV treatment and 'treatment as prevention'

How is HIV treated?

- If you're diagnosed with HIV, your doctor will talk to you about treatment.
- HIV treatments are called antiretrovirals. These are medicines that stop HIV from multiplying in the body.
- It is recommended that people with HIV start HIV treatment as soon as possible. This is to reduce the damage to the immune system and to prevent HIV from spreading to other people.
- HIV treatment has very few side effects for most people.

Getting tested Factsheets

Getting tested for BBVs and STIs

Where can I get tested?

Testing for STIs and BBVs is simple, quick and free at your local health centre.

How often should I test?

If you have sex regularly it's a good idea to get tested for STIs and BBVs every 3 to 6 months.

STIs and BBVs don't always have symptoms or signs. Or you may not know you have them until it's too late.

Getting a check-up

Most of the time an STI check is quick and simple, however a doctor/nurse/health worker may need to ask more questions.

- you have signs and symptoms of an STI
- you are having a check because someone has told you you have an STI
- you think there is high risk you have an STI and you want to get tested

Some of the questions the health worker may ask can feel uncomfortable.

Sex & the law Factsheets

Sex, young people & the law

This factsheet provides information on:

- What the law considers as 'sex'
- What the law says about consent, consensual sex, and the legal age for having sex
- The legal age for having sex
- Mandatory reporting of under-age sex and sexual abuse

This factsheet is about laws in Queensland, the Northern Territory, and South Australia. These are the states and territories where the law is different.

Mandatory reporting of child sexual abuse

What's mandatory reporting?

- State and territory laws can require people such as teachers, police, health workers and community workers to inform the police if they know that a child is being sexually abused. In the Northern Territory, this is called 'mandatory reporting'.

Sexting & the law

What is 'sexting'?

- 'Sexting' is using mobile phones or the internet to share sexual images or videos – such as images of naked or partly naked people or other private parts, people in sexy poses or information about sex.

When is sexting legal?

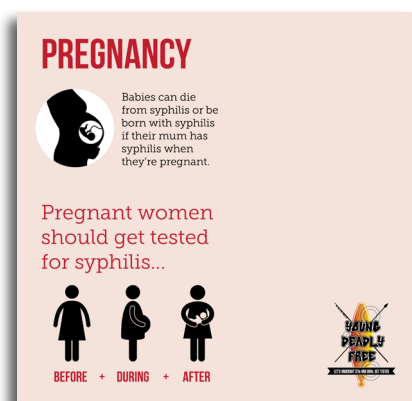
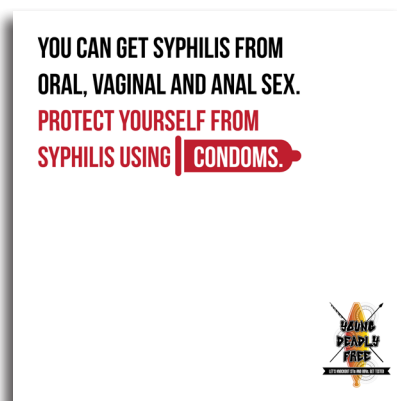
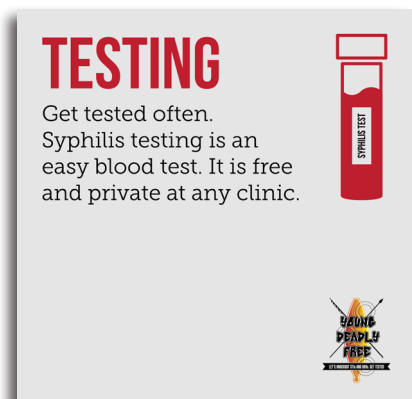
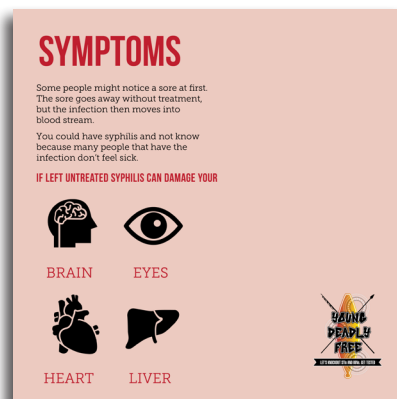
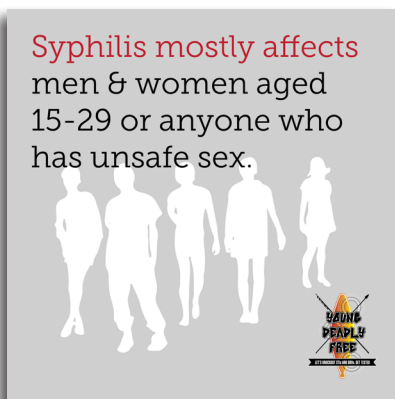
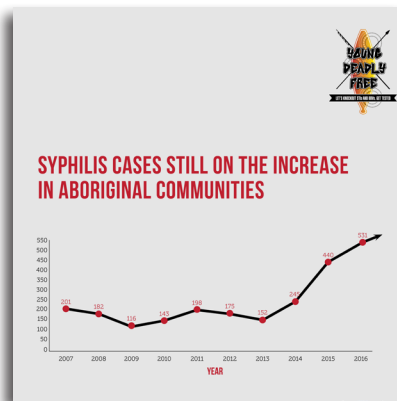
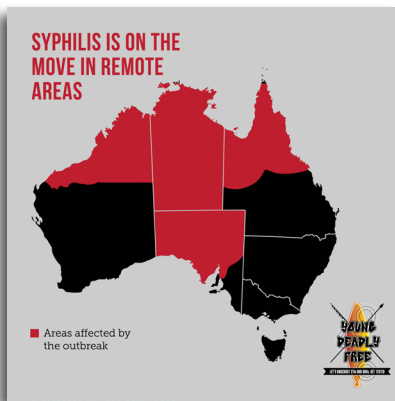


Infographics

SAHMRI has produced a set of infographics on sexually transmissible infections (STIs) and blood borne viruses (BBVs) for your use. These infographics contain simple messages about STI and BBV transmission, prevention, treatment and care.

View and download the infographics at: <https://youngdeadlyfree.org.au/resources/infographics/>

Syphilis Infographics





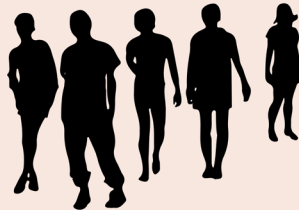
Chlamydia Infographics

Chlamydia is a sexually transmitted infection (STI) – a sex disease.

That means you can get it from having vaginal or anal sex without a condom. You can also get it from oral sex.



In the Aboriginal and Torres Strait Islander community, people aged 15-24 years have the highest rates of chlamydia.



PROTECT YOURSELF FROM CHLAMYDIA BY USING

CONDOMS



The rate of chlamydia diagnoses for Aboriginal and Torres Strait Islander people is more than three times the rate for non-Indigenous Australians.



Non-Indigenous Australians



Aboriginal & Torres Strait Islander people

TESTING

You should get tested for STIs often. It is **free** and private at any clinic.



I GOT A TEST!

MEN



Often men don't go to the clinic and get tested as much as women. If we want to knockout STIs, this needs to change. It is a sign of strength and pride to look after yourself, your partner(s) and your community.



TESTING IS IMPORTANT BECAUSE



8 out of every **10** women with chlamydia don't have any signs.



1 in every **2** men with chlamydia don't have any signs.



Men and Women

To knockout STIs in your community both males and females need to test and get treated.



Chlamydia can cause Pelvic Inflammatory Disease (PID) in women, if left untreated

Often there are no symptoms, so women don't know they have PID.



TREATMENT



CHLAMYDIA CAN BE TREATED WITH MEDICINE.



Carry condoms for your friends and visit the clinic together to get tested – it's no shame!

TOGETHER WE CAN KNOCKOUT STIs.





Trichomonas Infographics

Trichomonas is a sexually transmitted infection (STI) - a disease you can get from having vaginal or anal sex without a condom, or from oral sex.



IN REMOTE COMMUNITIES,
TRICHOMONAS AFFECTS ABOUT:



1 in 4 women



1 in 20 men



TRICHOMONAS USUALLY AFFECTS
WOMEN FOR LONGER – IT CAN
STAY IN WOMEN'S BODIES FOR
MANY YEARS.



TESTING

You should get tested for STIs at least twice a year in remote areas. Testing is **free** and private at the clinic.



TREATMENT

Trichomonas can be treated with medicine.



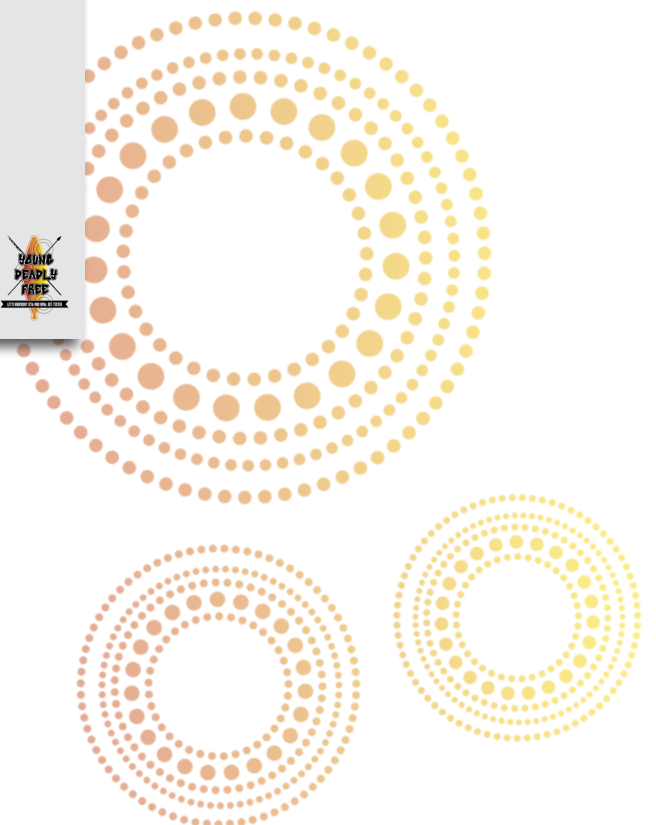
PREGNANCY

Pregnant women should get tested for trichomonas.



Carry condoms for your friends and visit the clinic together to get tested – it's no shame!

TOGETHER
WE CAN
KNOCKOUT STIs.





Other STIs Infographics

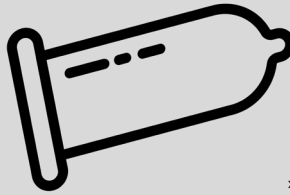
GONORRHOEA, CHLAMYDIA, TRICHOMONAS & SYPHILIS

are sex diseases called STIs - short for 'sexually transmissible infections'. You can get an STI if you have sex with someone who has an STI and you don't use a condom.

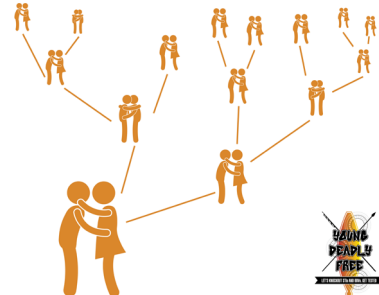


UNPROTECTED SEX

means having vaginal or anal sex without using a condom. It does not mean kissing and hugging.



Untreated STIs move between partners and through communities.

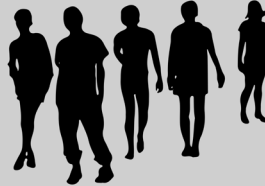


COMMUNITIES CAN BE FREE FROM STI'S

if people test often and get treated.

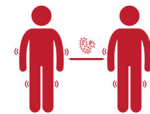


Anyone can get STIs if they have unprotected sex. But STIs are more common among young people under the age of 30 and people living in rural and remote areas.



IT TAKES TWO...

IF ONE PARTNER GETS TESTED AND TREATED AND THE OTHER DOESN'T THE STI WILL KEEP TRANSFERRING BETWEEN THE TWO PEOPLE.



SYMPTOMS

Most people who have STIs don't know they have an STI because they feel well or don't have any symptoms. But STIs can spread inside your body and make you sick on the inside.



If you have symptoms, this is what can happen:

PAIN IN THE LOWER BELLY (WOMEN)
PAIN WHEN PISSING
SORES OR WARTS
DISCHARGE



PROTECT YOURSELF AND YOUR PARTNERS FROM STI'S BY USING

CONDOMS



PREGNANCY



If a pregnant woman has an STI, it can pass to her baby. If left untreated, some STIs can lead to miscarriage or premature birth - or blindness in babies.



TESTING

Anybody who has had unprotected sex should test for STIs. It is free to test and private at any clinic.

Get tested for STIs often - twice a year is perfect.





HIV Infographics

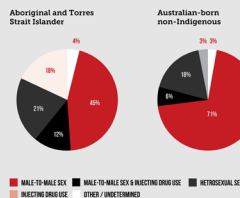
DISCLOSURE

It's against the law to disclose someone's HIV status to someone else without their permission.



HIV and Aboriginal communities – the differences

A higher proportion of new HIV diagnoses for Aboriginal and Torres Strait Islander people is due to injecting drug use and heterosexual sex compared to diagnoses for non-Indigenous people born in Australia.



HIV AND HAVING A BABY

WOMEN WITH HIV WHO ARE ON TREATMENT CAN HAVE HEALTHY BABIES WITHOUT HIV.



HIV AND PREGNANCY

HIV CAN BE TRANSMITTED FROM MUM TO BUB AT BIRTH, OR IN BREAST MILK IF THE MUM ISN'T ON TREATMENT.



YOU CAN GET HIV IF YOU SHARE TATTOOING EQUIPMENT WITH SOMEONE WHO HAS HIV.



HIV - HOW DO YOU GET IT?

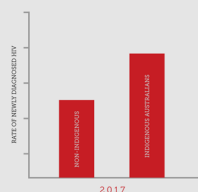
YOU CAN GET HIV FROM SOMEONE WHO HAS IT DURING SEX OR FROM SHARING DRUG INJECTING EQUIPMENT.



In 2017, the rate of newly diagnosed

HIV
for Aboriginal people was
1.6 TIMES

the rate for Australian-born, non-Indigenous people.



There is no cure for HIV but there is good treatment – a daily tablet.



PEP TABLETS

If you think you have put yourself at risk of getting HIV – like having lots of sex and forgetting to use condoms –

there is a medicine you can take for a month that will reduce your chances of getting HIV. This is called PEP.

The trick is to get PEP within 72 hours of the risk event. You can get PEP at major hospitals and sexual health clinics – don't delay!



PREP

There is a drug available to prevent getting HIV

It's called PrEP because you take it pre-sex, or before sex.

PrEP is available to people at increased risk of HIV.

If you think you are at increased risk of HIV ask about PrEP at the clinic.



PREVENT HIV BY...

USING **CONDOMS**

PrEP TABLETS

NOT SHARING INJECTING/TATTOOING EQUIPMENT

TESTING REGULARLY – INCLUDING DURING PREGNANCY



STIGMA & SHAME

People who have HIV still experience much shame and stigma.

DO YOUR BIT TO STAMP OUT STIGMA AND SHAME ABOUT HIV

Ignorance causes shame. If someone says something about people who have HIV that you know is wrong, let them know.

If a friend has HIV ask if are they doing ok. Be there to support them; let them know there is no reason to be shame.





HIV Infographics cont.

TREATMENT AS PREVENTION

If more people with HIV get diagnosed and go onto treatment, there will be less onward infection. This is called 'treatment as prevention'.



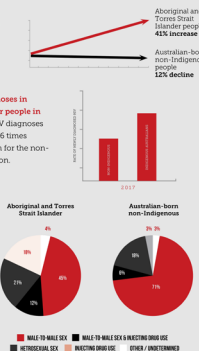
HIV – THE FACTS

HIV rates have stabilised in Australia for non-Indigenous people but have been going up for Aboriginal and Torres Strait Islander people.

In 2017 there were 31 new HIV diagnoses in Aboriginal and Torres Strait Islander people in Australia, accounting for 3% of all HIV diagnoses (963). The HIV notification rate was 1.6 times higher among Aboriginal people than for the non-Indigenous Australian-born population.

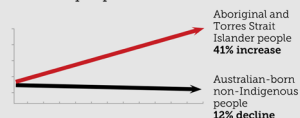
HIV and Aboriginal communities – the differences

A higher proportion of new HIV diagnoses for Aboriginal and Torres Strait Islander people is due to injecting drug use and heterosexual sex compared to diagnoses for non-Indigenous people born in Australia.



HIV – THE FACTS

HIV rates have gone down for the non-Indigenous Australian-born Australian population over the last five years, but rates have gone up for Aboriginal and Torres Strait Islander people.



UNDETECTABLE

Taking HIV treatment can reduce the level of HIV in a person's blood to such a low level that it is undetectable in tests. This is called having an undetectable viral load.



Having an **UNDETECTABLE VIRAL LOAD** means the person still has HIV but they cannot transmit HIV to someone else.



WITHOUT TREATMENT

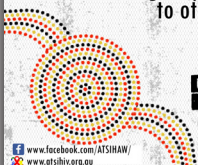
HIV keeps on making more of itself - it always wins. If you are diagnosed with HIV talk to your doctor about starting treatment straight away.



Treatment as prevention (TasP)

HIV treatment is now a prevention tool

Treatment can reduce HIV levels in people with HIV to an undetectable level meaning they can't pass on HIV to others



HIV & Injecting Drug Use

People who inject drugs are at higher risk of HIV because HIV can be transmitted via injecting equipment.

Using sterile injecting equipment everytime can prevent HIV

See your local health service for your equipment



Pre-Exposure Prophylaxis (PrEP) is HIV medication taken daily to prevent HIV

If you want to know more about how PrEP ask your doctor or clinic worker.

www.facebook.com/ATSHAW/
www.atsihiv.org.au



Pre-Exposure Prophylaxis (PrEP)

PrEP is a tablet you take to prevent HIV. PrEP only works to prevent HIV and won't protect you from other STIs.

To find out more about PrEP speak to your doctor or clinic today



PrEP

PrEP is a tablet taken daily to prevent HIV.

See your doctor or clinic today.



Everything has changed with HIV

When a person living with HIV is on treatment, the amount of virus in their body can reduce to undetectable levels.

This means there is no risk of passing on HIV to others.

UNDETECTABLE HIV = UNTRANSMISSIBLE HIV





HIV Infographics cont.

**UNDETECTABLE HIV =
UNTRANSMISSIBLE HIV**

When someone with HIV has an **“undetectable viral load”** they can't pass HIV on to anyone else during sex - even without a condom.

U AND ME CAN STOP HIV

If you want to know more about U=U speak to your doctor today

www.facebook.com/ATSHAW/
www.atsihiv.org.au

SAFELY PEAPLY FREE

U AND ME CAN STOP HIV

PEP is medication that can prevent HIV taking hold in your body.

If you're worried about HIV after unsafe sex or injecting, see your hospital, doctor or clinic today.

PEP involves taking tablets for a month but has to be started within 72 hours

U AND ME CAN STOP HIV

www.facebook.com/ATSHAW/
www.atsihiv.org.au for more information about PEP

SAFELY PEAPLY FREE

**UNDETECTABLE HIV =
UNTRANSMISSIBLE HIV**

HIV medicine taken as prescribed can reduce the amount of virus to an undetectable level.

Undetectable levels of HIV mean HIV cannot be transmitted to others.

U AND ME CAN STOP HIV

www.facebook.com/ATSHAW/
www.atsihiv.org.au

SAFELY PEAPLY FREE

People with HIV on treatment can have undetectable levels of the virus in their blood.

This means less HIV in the community.
Less HIV in our communities means less new infections.

See your doctor today to discuss your HIV treatment options

**UNDETECTABLE HIV =
UNTRANSMISSIBLE HIV**

U AND ME CAN STOP HIV

www.facebook.com/ATSHAW/
www.atsihiv.org.au

SAFELY PEAPLY FREE

PEP is a course of HIV tablets given to people who may be at a high recent risk of getting HIV.

Risk can be unsafe sex, or sharing injecting equipment. PEP needs to be started within 72 hours of HIV exposure risk.

PEP is only available from your doctor, clinic or emergency department

**UNDETECTABLE HIV =
UNTRANSMISSIBLE HIV**

U AND ME CAN STOP HIV

www.facebook.com/ATSHAW/
www.atsihiv.org.au

SAFELY PEAPLY FREE

HIV treatment is a good choice

- It can help you live longer
- It can reduce your viral load
- It can reduce the number of new infections in the community

Treatment as Prevention

U AND ME CAN STOP HIV

www.facebook.com/ATSHAW/
www.atsihiv.org.au

SAFELY PEAPLY FREE

Hepatitis B Infographics

In remote areas of Australia, the rate of newly diagnosed hepatitis B for Aboriginal and Torres Strait Islander people is around three times the rate for non-Indigenous Australians.

3x

Non-Indigenous Australians

Aboriginal & Torres Strait Islander people

U AND ME CAN STOP HIV

www.facebook.com/ATSHAW/
www.atsihiv.org.au

SAFELY PEAPLY FREE

VACCINATION

THERE IS A VACCINE TO PREVENT HEP B.

Babies should get the first dose of the vaccine at birth, followed by another three doses over the next 6 months.

Vaccine programs for babies have been implemented since the 1990s. Prior to this there were no vaccination programs. Unvaccinated adults are at risk of getting Hep B.

U AND ME CAN STOP HIV

www.facebook.com/ATSHAW/
www.atsihiv.org.au

SAFELY PEAPLY FREE

THERE IS A VACCINE TO PREVENT HEP B.

The vaccine can be given to adults as well as to babies and children.

Ask at the clinic...

U AND ME CAN STOP HIV

www.facebook.com/ATSHAW/
www.atsihiv.org.au

SAFELY PEAPLY FREE

ALL PREGNANT WOMEN SHOULD BE TESTED FOR HEP B EARLY IN PREGNANCY

U AND ME CAN STOP HIV

www.facebook.com/ATSHAW/
www.atsihiv.org.au

SAFELY PEAPLY FREE

TRANSMISSION

Hep B can be passed from mother to baby during childbirth.

You can also get hep B from:

- SHARING DRUG INJECTING EQUIPMENT
- SHARING TATTOO OR BODY PIERCING EQUIPMENT
- SHARING PERSONAL ITEMS LIKE TOOTHBRUSHES AND RAZORS
- COMING INTO CONTACT WITH BLOOD WHILE PLAYING SPORTS OR FIGHTING
- HAVING SEX WITHOUT A CONDOM (BECAUSE THE SKIN CAN TEAR)

U AND ME CAN STOP HIV

www.facebook.com/ATSHAW/
www.atsihiv.org.au

SAFELY PEAPLY FREE

Keep safe

Always use a condom and if you use drugs, don't share any of your injecting equipment.

U AND ME CAN STOP HIV

www.facebook.com/ATSHAW/
www.atsihiv.org.au

SAFELY PEAPLY FREE




Hepatitis B Infographics cont.

SYMPTOMS

MANY PEOPLE WHO HAVE CHRONIC HEP B DON'T HAVE SYMPTOMS

But chronic hep B can damage the liver and lead to liver cancer.






TESTING

The only way to know if you have hep B is to get a blood test. Testing is **free** and private at any clinic.

If you find out you don't have hep B you can get vaccinated.




TREATMENT

There is no cure for hepatitis B but there is medicine to keep you healthy.



Hepatitis C Infographics



In Australia 1 person every hour is diagnosed with hep C



The rate of newly diagnosed hepatitis C for Aboriginal and Torres Strait Islander people is nearly four times the rate for non-Indigenous Australians.

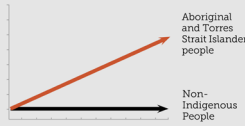



Non-Indigenous Australians Aboriginal & Torres Strait Islander people



OVER THE LAST 5 YEARS

Hep C rates have increased among Aboriginal and Torres Strait Islander people but have remained the same for non-Indigenous people.

HEP C RATES FOR ABORIGINAL & TORRES STRAIT ISLANDER PEOPLE AGED 15-24 ARE AROUND 7 X greater THAN FOR NON-INDIGENOUS PEOPLE





You can only get hep C if the blood from someone who has hep C gets into your bloodstream. The most common ways this might happen include:



-  SHARING DRUG INJECTING EQUIPMENT
-  SHARING TATTOO OR BODY PIERCING EQUIPMENT
-  SHARING PERSONAL ITEMS LIKE TOOTHBRUSHES AND RAZORS
-  COMING INTO CONTACT WITH BLOOD WHILE PLAYING SPORTS OR FIGHTING
-  HAVING SEX WITHOUT A CONDOM (BECAUSE THE SKIN CAN TEAR)



If you inject drugs, it is important to use clean injecting equipment. Do not share equipment, even with family and friends. New needles and syringes are available for free at health clinics and community centres. Chemists exchange and or sell them too. There are vending machines also in some places.





Prison is a hot-spot for hepatitis C. This is because more than half the people in prison have hep C.

SYMPTOMS

People might not know they have hep C because there are often no signs. But, over time, hep C can lead to liver disease, cirrhosis and liver cancer. Over 800 people die a year in Australia from liver disease associated with hepatitis C.





TESTING

The only way to know if you have hep C is to get a blood test. Testing is **free** and private at any clinic.





Posters

Young Deadly Free posters aim to get our key messages out to young people and others in a fresh, engaging way. The posters depict people from communities across Queensland, the Northern Territory, Western Australia and South Australia, and are listed below grouped in their state of origin order. The banner colours denote who is giving the message, with red for young people, green for people of influence and yellow for clinicians. Hard copy prints of the posters can be ordered in A2 size by using the number on the image or by the state, or you can order print friendly PDF versions on a USB to print yourself.

View the posters at: <https://youngdeadlyfree.org.au/young-deadly-syphilis-free/posters/>

Young Deadly Syphilis Free posters



Northern Territory posters





Northern Territory posters cont.



STIs are spreading in
THE GAY COMMUNITY.
Don't be
discouraged,
GET TESTED!

- Vayda, NT

NT4
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
GETTING TO KNOW YOURSELF



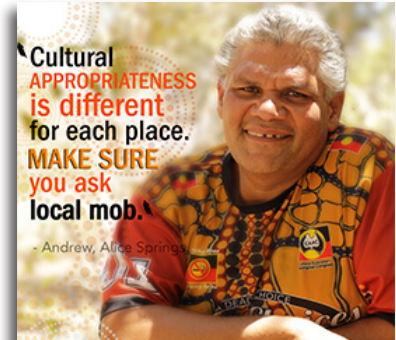
Just do
YO!
Look after yourself,
BE HEALTHY
and stay
POSITIVE.

- Winston, NE Arnhem Land, NT

NT5
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
GETTING TO KNOW YOURSELF



Cultural
APPROPRIATENESS
is different
for each place.
MAKE SURE
you ask
local mob.

- Andrew, Alice Springs

NT6
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
GETTING TO KNOW YOURSELF




Babies are a
MIRACLE!
Antenatal care
can save your
BABY'S LIFE,
just like it saved
mine when I found
out I had an
STI in pregnancy.

- Bianca, NT

NT7
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
GETTING TO KNOW YOURSELF




My dream for my
COMMUNITY
is for our youth
and our elders
to continue to
COMMUNICATE.

- Karen, NT

NT8
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
GETTING TO KNOW YOURSELF




Making good choices
AS A MOTHER
means a much
HEALTHIER LIFE
for your
children.

- Marjorie, NT

NT9
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
GETTING TO KNOW YOURSELF



I need to
EDUCATE
my children
about sexual
HEALTH.
I am not
relying on
their school
for this.

- Nataliee, Alice Springs

NT10
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
GETTING TO KNOW YOURSELF



Start early, start
BUILDING
into our youth the
importance of
SELF RESPECT
and personal
boundaries.

- Sharon, NT

NT11
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
GETTING TO KNOW YOURSELF



We never had
STIs AND BBVs
in the
OLD TIMES.
WE ELDERS,
need to bring
this story into
OUR WOMEN'S
BUSINESS.

- Sabella, Alice Springs

NT12
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
GETTING TO KNOW YOURSELF



Northern Territory posters cont.



Our after hours **OUTREACH PROGRAM** means we can offer **HEALTH CHECK UPS** to people who can't make it to the clinic.

- Cheryl, NT A&TSI Health Practitioner

NT13
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LIFE ENJOYMENT FOR ALL AND BORN AT 1978




I love **EDUCATING WOMEN**. I want to give **BABIES** the best start **TO LIFE** from **CONCEPTION**.

- Denella, Alice Springs

NT14
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LIFE ENJOYMENT FOR ALL AND BORN AT 1978




The best way to **ENGAGE MEN** in their sexual **HEALTH** is to make the space **SAFE AND private**.

- Eric, NT

NT15
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LIFE ENJOYMENT FOR ALL AND BORN AT 1978



Our **OUTREACH SERVICE** takes our clinic out to where our **HOMELESS PEOPLE** are, which means we **CAN RE-ENGAGE** them back into the **HEALTH SERVICES**.

- Kaitly, NT A&TSI Health Practitioner

NT16
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LIFE ENJOYMENT FOR ALL AND BORN AT 1978



Young girls need to be **ARMED AND READY** for when they experience **porn** and other things **IN SOCIAL MEDIA**.

- Kaye, NT Family Partnership Worker

NT17
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LIFE ENJOYMENT FOR ALL AND BORN AT 1978




Everyone has sex, **EVERYONE LIKES SEX**. It must be made **OK TO TALK ABOUT IT** so we make sure it is **consenting AND HEALTHY**.

- Kirsten, Alice Springs

NT18
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LIFE ENJOYMENT FOR ALL AND BORN AT 1978



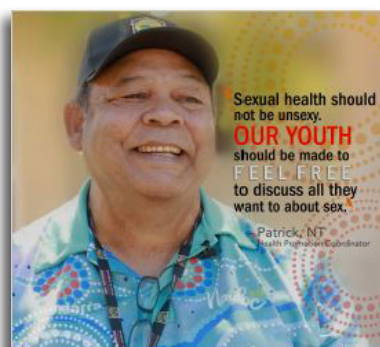
If we give our youth the **RIGHT INFORMATION** about sexual health, they won't need to go to **unreliable sources** for **ADVICE**.

- Milaglene, Arnhem Land NT Health Promotional Worker

NT19
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LIFE ENJOYMENT FOR ALL AND BORN AT 1978



Sexual health should not be **unsexy**. **OUR YOUTH** should be made to **FEEL FREE** to discuss all they want to about sex.

- Patrick, NT Health Practitioner Coordinator

NT20
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LIFE ENJOYMENT FOR ALL AND BORN AT 1978



Improving **HEALTH LITERACY** will help people better understand **their bodies and THEIR HEALTH**, and how to be **SAFE**.

- Stuart, NE Arnhem Land NT A&TSI Health Practitioner

NT21
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LIFE ENJOYMENT FOR ALL AND BORN AT 1978



Western Australian posters

Mistakes are just an opportunity to **LEARN** so don't be afraid to **GET AN STI CHECK** or to ask questions.

- Dennis, WA

WA1
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LET'S REDUCE THE RISK OF STI

It's really **NO BIG DEAL** getting a sexual **HEALTH CHECK UP**. It's easy, and will stop **STI'S SPREADING** in our community.

- Dreylin, WA

WA2
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LET'S REDUCE THE RISK OF STI

There is **NO SHAME** in wanting to be **HEALTHY**, wanting to know **YOUR BODY**, and wanting **KNOWLEDGE** about STI's.

- Sarapha, WA

WA3
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LET'S REDUCE THE RISK OF STI

A healthy **COMMUNITY** is a **HAPPY** **COMMUNITY**. Get tested **TODAY**.

- Georgina, WA

WA4
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LET'S REDUCE THE RISK OF STI

It's so important to **HAVE SUPPORT** when you are a **MOTHER**. You need time to **REST** and to give back to **YOURSELF**.

- Latoya, WA

WA5
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LET'S REDUCE THE RISK OF STI

Even when you think youth **ARE NOT LISTENING**, you've got to be **PERSISTENT and HONEST**. Maybe one day you might **REALISE THAT THEY** were listening after all.

- Robert, WA

WA6
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LET'S REDUCE THE RISK OF STI

It's our responsibility **AS STRONG, PROUD** Indigenous men, to teach our young fellas about **SEXUAL HEALTH**. If you don't know how to talk with them, then **DON'T BE SHAME** to ask someone else to help you.

- Teolay, WA

WA7
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LET'S REDUCE THE RISK OF STI

Don't wait for **YOUNG MEN** to come into **THE CLINIC**, find out where they are and **GO OUT** to them.

- Derrick, WA
Practice Nurse Co-Ord

WA8
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LET'S REDUCE THE RISK OF STI



South Australian posters

Don't be **EMBARRASSED** to bring things UP WITH YOUR **PARTNER**. It will only bring **YOU CLOSER TOGETHER**.

- April, Adelaide

SA1

youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE

IT'S IMPORTANT TO HAVE YOUR STI TESTED

'SEXUAL IDENTITY is a big part of **sexual health**. **YOUTH** NEED TO feel **SAFE AND HEARD**.

- Charlotte, Adelaide

SA2

youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE

IT'S IMPORTANT TO HAVE YOUR STI TESTED

Going **TO THE ANTENATAL** checks with my **WOMAN** **HELPS ME** understand **WHAT SHE** is going through.

- Jessie, Ceduna, SA

SA3

youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE

IT'S IMPORTANT TO HAVE YOUR STI TESTED

'I'M NOT SHAME! I respect myself. I get all my **SEXUAL HEALTH** **check ups done** every 3 months.

- Keenan, Adelaide

SA4

youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE

IT'S IMPORTANT TO HAVE YOUR STI TESTED

'IT TAKES TWO TO TANGO! It's important for the father to be **INVOLVED** in the wellbeing of **HIS CHILD**.

- Mahalia, Ceduna SA

SA5

youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE

IT'S IMPORTANT TO HAVE YOUR STI TESTED

Put your **TECHNOLOGY DOWN**. Talk to your parents, **talk to your kids**. **ENJOY THE conversation** and have a **LAUGH**.

- Bel, Adelaide

SA6

youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE

IT'S IMPORTANT TO HAVE YOUR STI TESTED

'SEXUAL HEALTH is not just **ABOUT SEX**. It's about all sorts of things like **PERSONAL HEALTH** and respectful **relationships**.

- Leeroy, Ceduna SA

SA7

youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE

IT'S IMPORTANT TO HAVE YOUR STI TESTED

'PEER PRESSURE is huge in **communities**. We need to **BE AWARE** of what our **YOUTH ARE** going through.

- Warren, Ceduna SA

SA8

youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE

IT'S IMPORTANT TO HAVE YOUR STI TESTED

Simply **EXPLAINING** the importance of **STI TESTING** during pregnancy, helps break any **BARRIERS or fears**.

- Deb, Ceduna SA

SA9

youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE

IT'S IMPORTANT TO HAVE YOUR STI TESTED



Queensland posters

'JEALOUSY
mixed with alcohol
is not good for any
RELATIONSHIP.'

- Andrew, Far Nth QLD

QLD1
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LET'S MAKE THE CHOICE TO LIVE

**'I worried less when
I had my antenatal checks
KNOWLEDGE IS POWER
when it comes to you and
YOUR BABY'S HEALTH.'**

- Klara, QLD

QLD2
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LET'S MAKE THE CHOICE TO LIVE

**Just because
you want a
HEALTH CHECK
doesn't mean
people are going
talk about
YOU!**

Quentin
Far Nth QLD

QLD3
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LET'S MAKE THE CHOICE TO LIVE

**'It starts with you,
only you have
THE POWER
to become a
HEALTHY
version of
YOU.'**

Shaunta, Far Nth QLD

QLD4
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LET'S MAKE THE CHOICE TO LIVE

**We have to think
HOLISTICALLY
for solutions.
Sexual Health
is linked to
drugs & alcohol,
housing, education.**

- Aaron, Far Nth Qld

QLD5
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LET'S MAKE THE CHOICE TO LIVE

**Parents, aunts, uncles,
grandparents, we need to
BE PATIENT
and help our youth
find their way in life, and
WHERE THEY FIT
in their sexuality,
without judgement.**

- Andrew, Far Nth QLD

QLD6
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LET'S MAKE THE CHOICE TO LIVE

**We need more
VISUAL RESOURCES
in English and in
LOCAL LANGUAGE,
so our youth can better
UNDERSTAND
sexual health.'**

Auntie Valda, Far Nth QLD

QLD7
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LET'S MAKE THE CHOICE TO LIVE

**We need to push
BEYOND
the surface and
help our youth
LOVE and
RESPECT
themselves;
what they see on tv
IS NOT REALITY.**

Uncle Michael, Far Nth QLD

QLD8
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LET'S MAKE THE CHOICE TO LIVE

**Community
INVOLVEMENT
is very important for
EFFECTIVE
education and implementation
of sexual health
programs.**

- Jenny, Far Nth QLD
Remote Area Nurse

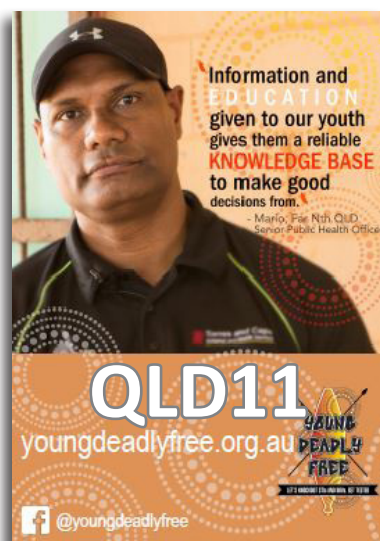
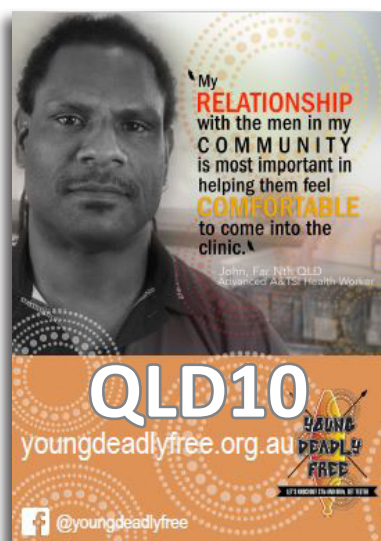
QLD9
youngdeadlyfree.org.au

@youngdeadlyfree

YOUNG DEADLY FREE
LET'S MAKE THE CHOICE TO LIVE



Queensland posters cont.



Radio ads

Radio ads based on the syphilis campaign TV ads are being broadcast on community radio stations. The ads are available to order on USB.

Listen to them at: <https://youngdeadlyfree.org.au/resources/tv-ads/>

As well as in English you can listen to some ads translated into the following languages:

- NPA Creole language
- Wik Mungkan language
- Pitjantjatjara language
- Warlpiri language
- Martu language
- Top End Kriol



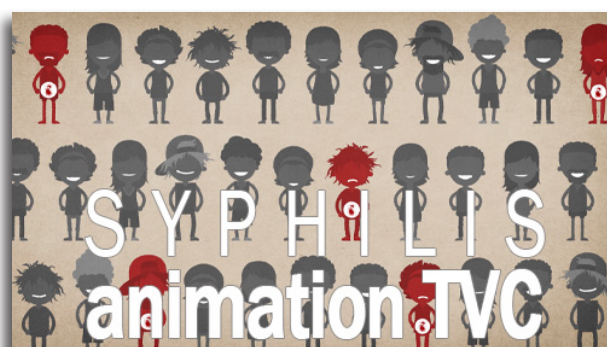
Television commercials (TVCs)

The following TVCs have been aired on remote TV stations since 2017 as part of the syphilis campaign. The following channels have supported the *Young Deadly Free* Campaign: Channel 7, Imparja and Indigenous Community TV. These commercials have also been screened on Aboriginal Health TV (Tonic Health Media) within waiting rooms of Aboriginal Health Services nationally. The TVCs are available to order on USB. View the TVCs at: <https://youngdeadlyfree.org.au/resources/tv-ads/>
#Gettested for syphilis today *Syphilis animation TVC*



This TVC is a powerful message from community members about syphilis and the importance of testing. Duration 0:30 secs

Risky



This animation has been developed as a TVC in response to the outbreak of syphilis. It is available in English, NPA Creole and top end Kriol. Duration 0:31 secs
Listen Up!



These two TVCs focus on youth and encourage people to get tested regularly. Duration 0:30 secs each

Spots: Have you had your syphilis test?

Get tested early, during, and after pregnancy



TV ad focusing on getting tested for syphilis. Duration 0:30 secs



TV ad focusing on the potential risks of syphilis during pregnancy and promotes syphilis testing. Duration: 0:31 secs



Videos for doctors, nurses and health workers

Health professionals who are new to working in remote communities can find the context challenging, and be unsure of cultural sensitivities. To assist we have produced videos providing background on the STIs and blood borne viruses affecting remote communities. The videos include information on epidemiology, with experienced Doctors, Nurses and Health Workers sharing their strategies for normalising offering testing, communicating with young people about sexually transmitted infections, sex and sexuality issues. The videos are available to order on USB.

View the videos at: <https://youngdeadlyfree.org.au/resources/for-clinicians/>

Videos for clinicians specific to syphilis

All about syphilis

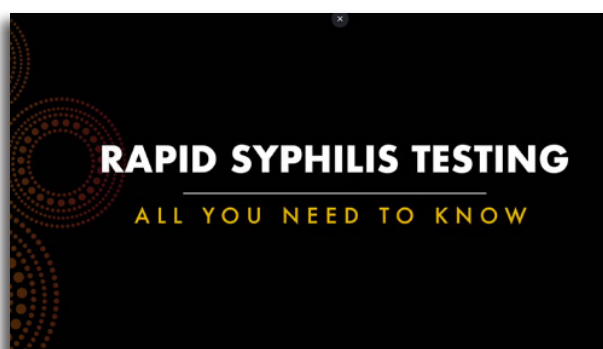


Sexual health clinicians give step by step advice on recognising and treating syphilis in two videos.

Duration Part 1: 7:51 mins

Duration Part 2: 8:35 mins

Rapid syphilis testing



This video is about rapid syphilis testing, it takes less than 30 minutes.

Duration 1:32 mins

Test for syphilis and HIV with STI screen



Developed for clinicians working with young Aboriginal and Torres Strait Islander people, with information and analysis on key STI and BBV data, tips for addressing common barriers to testing. Duration 3:16 mins

The clinician's role in stopping syphilis



Developed for clinicians working with young Aboriginal and Torres Strait Islander people in regional, remote and very remote communities.

Duration 2:01 mins



Videos for clinicians about STI and BBV testing

U + ME CAN STOP HIV: Testing Aboriginal and Torres Strait Islander people for HIV



Sexual health clinicians give advice on recognising, testing for, and treating HIV in Aboriginal and Torres Strait Islander people.
Duration 9:08 mins

Offer all young people STI and BBV testing in remote communities



Developed for clinicians working with young Aboriginal and Torres Strait Islander people in regional, remote and very remote communities.
Duration 2:33 mins

The basics of STI testing in remote Australia



A quick run down of the basics of STI testing.
Duration 2:42 mins

Rapid syphilis testing



This video is about rapid syphilis testing, it takes less than 30 minutes.
Duration 1:32 mins

HIV testing: Don't be shame to test



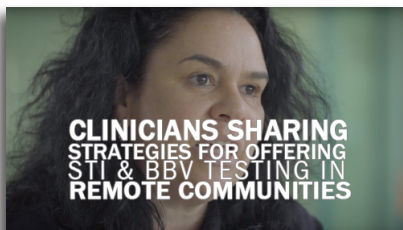
Learn what's involved in HIV testing, what to do and what not to do.
Duration 1:47mins

Test for syphilis and HIV with STI screen



Developed for clinicians working with young Aboriginal and Torres Strait Islander people.
Duration 3:16 mins

Clinicians sharing strategies for offering STI and BBV testing in remote communities



Developed for clinicians working with young Aboriginal and Torres Strait Islander people in regional, remote and very remote communities.
Duration 4:32 mins



Videos for clinicians that can be used in supporting clients

Sexual diversity in Aboriginal sexual health



Young people talk about their experiences and tips for health workers to talk to the LGBTIQ community.

Duration 10:30 mins

Working appropriately in Aboriginal sexual health



Learn about cultural awareness in Aboriginal health settings.

It's about being respectful, recognising differences and being open to learning

Duration 9:10 mins

Creating a supportive space to talk about sexual health



Amanda from the YDF team yarns with clinicians about how they support clients to access sexual health services and encourage behaviour change in different clinical settings.

Duration 12:37 mins

Advice for clinicians: Making the clinic a safer environment for STI checks



Sometimes there are subtle barriers that prevent Aboriginal and Torres Strait Islander people from accessing the clinic for STI checks. Hear the experiences of community and some of the ways you might address these issues as a clinical service.

Duration 6:38 mins

Antenatal Carers: Our role in preventing congenital syphilis



This video is aimed at clinicians and highlights the importance of offering STI testing during antenatal checks to prevent congenital syphilis.

Duration 10:03 mins

Sexual health consults with Aboriginal & Torres Strait Islander people



Using interviews and role plays this video will give you tips and advice on conducting a sexual health check with Aboriginal and Torres Strait Islander clients. Duration 6:41 mins

Innovative projects in Aboriginal & Torres Strait Islander Sexual Health



A quick snapshot of three different projects in Aboriginal and Torres Strait Islander Sexual Health.

1. Young Person's health checks and peer recruiters in northern Queensland
2. Condom Trees in the Kimberley, Western Australia
3. Outreach clinic in Darwin, Northern Territory

Duration: 8:18 mins



Videos for clinicians that can be used in supporting clients cont.

We all have a part to play: Sexual Health across the sectors



Everyone has a part to play in delivering sexual health information; especially if you work with youth. Hear other people's strategies for yarning about sexual health with youth.

Duration 7:20 mins

STI contact tracing in Aboriginal and Torres Strait Islander health



Tips and insight from other clinicians about how to navigate contact tracing and overcome the challenges.

Duration 11:40 mins

Working with Aboriginal and Torres Strait Islander Men in Sexual Health



Hear the opinions of Aboriginal and Torres Strait Islander men who work in sexual health and learn strategies to engage men in to your service.

Duration 13:10 mins

Listening to your community: Importance of consultation and engagement with first nations communities



Regional and remote clinicians explore the importance and benefits of engaging and consulting with the local community when working in sexual health.

Duration 6:15 mins

Community experiences & opinions about STI testing



Are you a remote area clinician in Australia? Ever wondered what the community thinks about sexual health clinical services? This video is your chance to hear from a diverse range of youth and elders about the delivery of sexual health services in Aboriginal and Torres Strait Islander communities.

Duration 6:06 mins

The bigger picture in first nations sexual health



Sexual health is complex. There are multiple factors and issues that can impact and influence a person and their decision about their sexual health. This video digs a bit deeper into some of those factors and may be useful to use in consultations with the community as a way to get them thinking about what factors impact them and their young people locally.

Duration 7:42 min



Videos messages from our mob, for our mob

These videos aim to get key *Young Deadly Free* messages out to young people and others in a fresh, engaging way. We have worked with local people in all the locations we have visited. The videos are available to order on USB.

View all these videos at: <https://youngdeadlyfree.org.au/resources/health-messages/>

Speak up. Listen. Support. 1 minute videos

We are always learning and, there is always someone that can help us when we have a tricky situation or question. Sexual health is something we shouldn't be afraid to talk about and seek help for. So, don't be shame; Speak up, Listen and Support each other today!

<https://youngdeadlyfree.org.au/resources/health-messages/speakup-videos/>

Keep your baby safe



Don't forget to be safe...



Gossip girls



I'm worried about my son



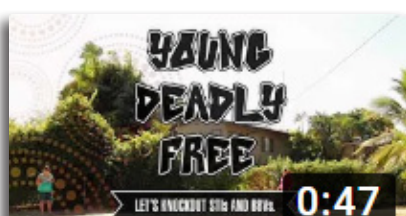
You might have an STI mate



You got any condoms?



Have you had any antenatal care?





Talkin' True 1 minute videos

Anyone can help share sexual health facts! That's what "Talkin' True" is all about; everyday community people helping to get the word out about the importance of STI testing, using condoms and talking about STIs and BBVs.

<https://youngdeadlyfree.org.au/resources/health-messages/talkin-true-videos/>

Coffee shop



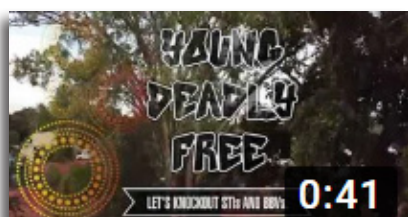
Crystal Love



Football hero



Mechanic



Radio presenter



Sistagirl



Young Deadly and Free 1-2 minute videos

Being "Young Deadly and Free" from STIs and BBVs

<https://youngdeadlyfree.org.au/resources/health-messages/ydf-videos/>

Contact Tracing



Condoman saves the day



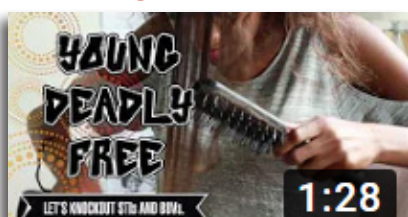
Condoms First



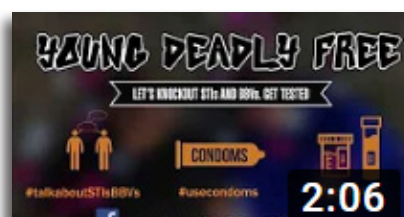
I'm going to be the best dad



I gotta tell you guys something



STI Checks, Easier than you think!





Youth yarn about...

A video series for youth with the voices of youth.
Youth yarn about...

- looking after each other when it comes to sexual health and STI testing
- when is the best time to have sex?
- when is the best time to have children?
- what jealousy does to a relationship
- what makes a healthy relationship
- overcoming shame in sexual health
- sexually transmitted infections.

Make sure you catch all 7 videos.

<https://youngdeadlyfree.org.au/resources/health-messages/youth-yarn-about/>



You can ask that

When it comes to learning about your body and your health there are no stupid questions. Here on “You can ask that” youth will ask sexual health questions some of the questions you might be too shame to ask yourself.

Make sure you catch all 3 episodes.

<https://youngdeadlyfree.org.au/resources/health-messages/you-can-ask-videos/>



This is us...

The good, the bad, the ups and downs... an honest look at relationships, sex, partying and learning from our mistakes along the way. Through it all, we look after each other... This is us

- Episode 1 | Change the Game
- Episode 2 | Trust Each Other
- Episode 3 | Make It Good

Make sure you catch all 3 episodes.

<https://youngdeadlyfree.org.au/resources/health-messages/this-is-us/>



Yarning to our young mob about men's and women's business

Ever wanted to talk to your kids, nieces or nephews about sex and relationships but weren't sure where to start? These 2 minute videos are for you! Hear from other Aboriginal and Torres Strait people about their experiences and ways of yarning. This is a 9-part series aimed at encouraging and supporting parents, guardians and other family members to yarn with the youth in their family about sexual health.

- | | |
|---|---|
| <ul style="list-style-type: none"> • Why should we talk about it with youth? • How did you learn about sex? • When should we talk about it? • Showing them that we care • Different things we yarn about | <ul style="list-style-type: none"> • Diverse sexuality & gender • How to yarn about it • Whose role is it? • Don't be shame to seek support |
|---|---|

Watch all 9 video

<https://youngdeadlyfree.org.au/resources/health-messages/empowering-videos/>





Everyone can do their bit... 15 second videos

Our young people are taking responsibility by...

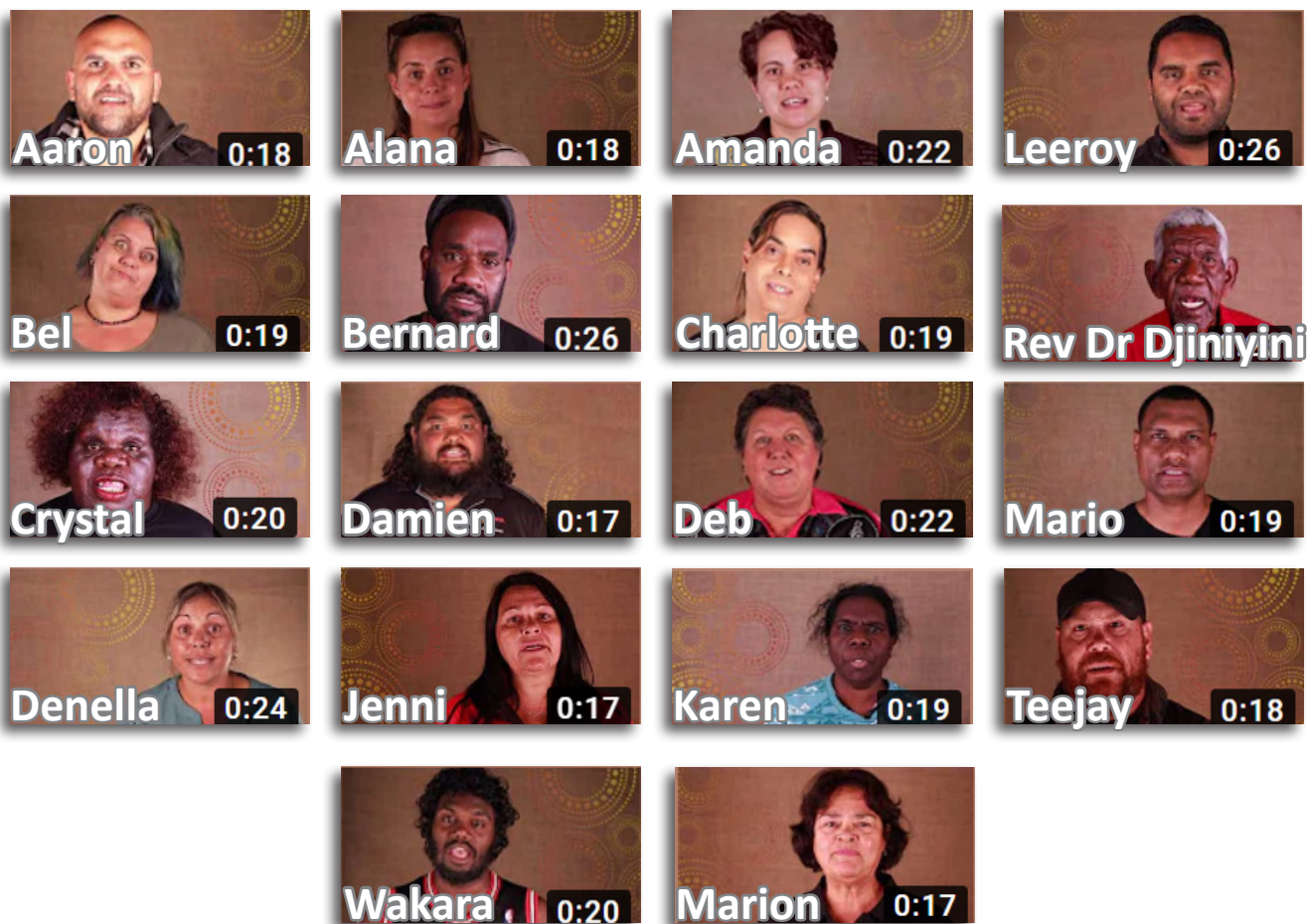


<https://youngdeadlyfree.org.au/resources/health-messages/young-people-videos/>



Everyone can do their bit... 15 second videos cont.

Our adults support our young people by... 15 second videos



<https://youngdeadlyfree.org.au/resources/health-messages/adults-support-videos/>



Videos for community members: Empowering our communities to talk about sexual health

View all these videos at: <https://youngdeadlyfree.org.au/for-elders-parents-youth-workers/#videos>

Yarning to our young mob about men's and women's business



Ever wanted to talk to your kids, nieces or nephews about sex and relationships but weren't sure where to start? These 2 minute videos are for you! Hear from other Aboriginal and Torres Strait people about their experiences and ways of yarning. This is a 9-part series aimed at encouraging and supporting parents, guardians and other family members to yarn with the youth in their family about sexual health.

Watch all 9 video

Facts about Sexually Transmitted Infections



STIs are really common in our youth so it's important that all our mob know about them, so we can protect ourselves and our communities.

Duration 4:57 mins

Bridging the gap between adults and youth



The Young Deadly Free project interviewed Aboriginal and Torres Strait Islander people from across regional and remote Australia. A recurring issue that people raised was a concern about the disconnect between adults and youth. We hope this video inspires communities to acknowledge that disconnect and find ways to work together to bridge that gap and make our communities stronger and unified.

Duration 7:22 mins

Tips on educating youth about sexual health



Sexual health education is important to equip our youth with the right information and skill to make the healthy decisions for life! This video gives tips and advice about sexual health education.

Duration 11:11 mins

We all have a part to play: Sexual Health across the sectors



Everyone has a part to play in delivering sexual health information; especially if you work with youth. Hear other people's strategies for yarning about sexual health with youth.

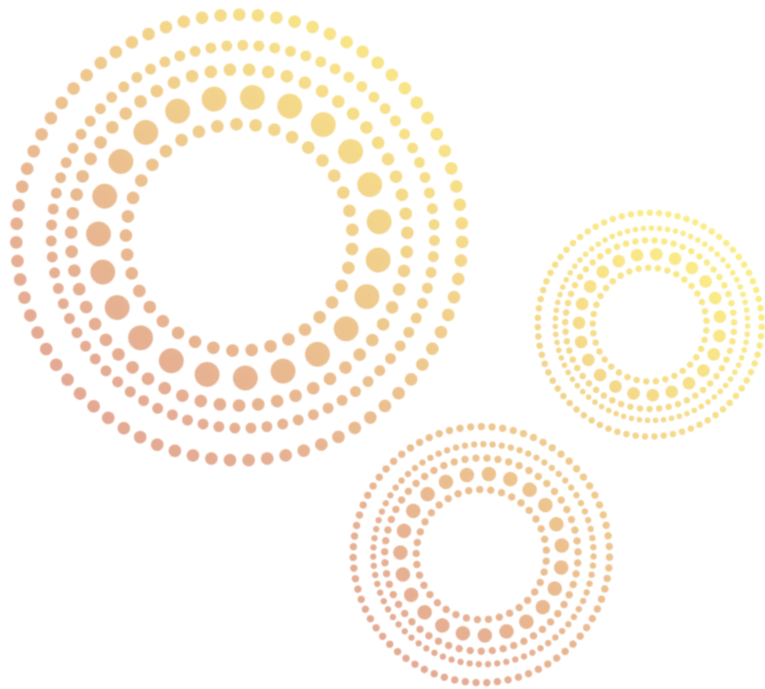
Duration 7:20 mins

Antenatal Care: Taking care of yourself, your baby + each other



Aimed at the broader community and focuses on encouraging pregnant women to access antenatal care early and regularly during pregnancy and promotes the importance of STI testing in preventing congenital syphilis.

Duration 10:41 mins





Young Deadly Free resources order form

SAHMRI encourages the use of the Young Deadly Free Resources without any edits or changes.

Requests for copies of the resources “as is” can be made via this form:

Organisation.....

Contact person.....

Contact email

Resources required

☐ **USB***: Number required

☐ **Posters A2 printed**: Poster number/s or order by state/territory

.....
.....

Postal address for delivery of items

Name.....

Organisation.....

Postal address.....

.....

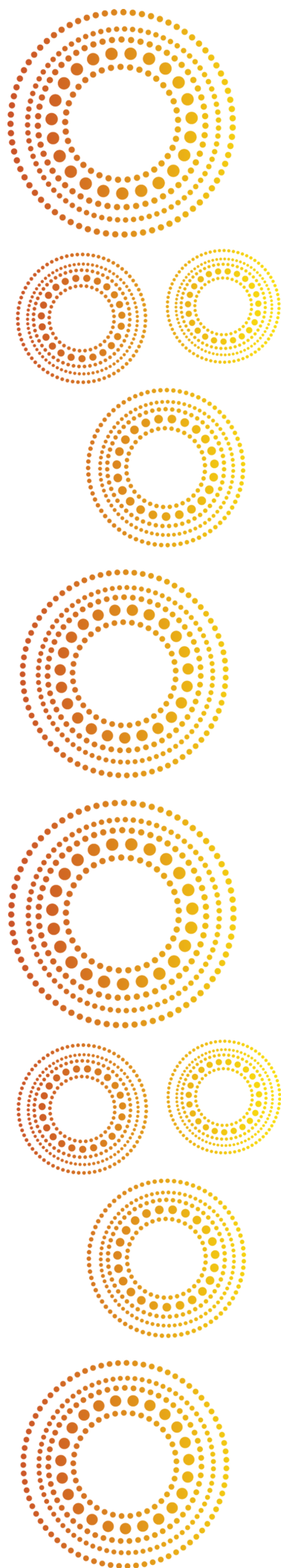
City / State / Postcode

If you wish to speak with SAHMRI about making any adjustments to existing resources such as co-branding, minor changes in text, or the production of other resources that utilise our branding please make the initial request via this form.

Please attach any relevant background information to the email when you submit this form and SAHMRI will be in touch to discuss further.

* USB contains all videos, TVCs, animations, factsheets, infographics and posters.

Email your order to ydsf@sahmri.com



youngdeadlyfree.org.au



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