

LESSON 8 IDENTIFYING SAFE PLACES AND SEEKING HELP—PART 2 EXPLORATION OF SEXUAL HEALTH SERVICES

Learning Intentions

Students will know services available in the community that support sexual health.

Success Criteria

By the end of this session, students will be able to:

- 1 explain the term sexual health
- 2 describe sexual health checks and where to get them.

Teacher background information

- 1 [Getting tested for BBVs & STIs Factsheet](#) & [Getting a check-up Factsheet](#) (external links)
- 2 Gather relevant information regarding local STI testing Services

Title	Link	Length
Get Tested for STIs—Animation about STI testing	https://youtu.be/OtjirJDvanA	02:56 mins
Other videos about STI testing (HINT, these videos may be suitable for low literacy groups when conducting option 4, the research project)		
Young Deadly Free: STI checks easier than you think!	https://youtu.be/O7o8xiim3Sg	02:05 mins
Checkin' me out (Not a YDF resource)	https://youtu.be/uKku0YdCAU8	03:10 mins
Sex Health Check—What's involved in a sexual health check in Australia (Not a YDF resource)	https://youtu.be/hqRHR3s2D2Y	06:33 mins

TIME	ACTIVITY	RESOURCES
00:00–05:00 (5 mins)	WELCOME AND GROUP AGREEMENT Display and remind students of the <i>Group agreement</i> created in lesson 1. Question box: Answer questions from previous session.	<i>Group agreement</i> created in lesson 1 + Group agreement guidelines Question box
05:00–10:00 (5mins)	Review the community map created in lesson 1.	Community map created in lesson 1
10:00–15:00 (5mins)	WATCH VIDEO/S Watch the video <i>Get Tested for STIs—Animation about STI testing</i> .	Animation on USB or link Projector/Screen/smartboard
15:00–35:00 (20 mins)	ALL ABOUT STI TESTING After watching the video with students, discuss what they saw in the video. You could ask: <ul style="list-style-type: none"> • what, if anything, surprised you about STI testing? • did you know... As a group, students brainstorm all the questions that they still have about STI testing.	

Questions to prompt students could include do you have any questions about:

- how to get the results?
- the actual tests?
- privacy and confidentiality?
- who sees your results?
- how to book an appointment?
- waiting times in the clinic?
- youth clinic times or women’s/men’s only clinic times?
- how to communicate with a clinic worker?
- what happens if you have family working at the clinic?
Can you ask to see someone else? How do you do that in a private way?
- what the nurse or AHW/AHP or doctor are thinking when a young person comes for an STI test or tells them they have had unprotected sex?

[Getting tested for BBVs & STIs Factsheet](#) & [Getting a check-up Factsheet](#) (external links)

[Handout 8.1 Youth quotes on barriers \(p. 3\)](#)

(HINT: You may wish to use Youth Quotes on Barriers to help guide students and the Factsheets on STI testing to support these discussions.)

Explain to students that we will be answering these questions in the next lesson.

35:00–45:00
(10 mins)

CLOSING DISCUSSION

The next lesson will involve one of the following options. Discuss these options with the class and decide which one they will do. Students can then think about what questions to ask; these could be based on the videos.

Option 1: Excursion to health clinic

Students visit the local health service that provides STI testing and sexual health services.

Option 2: Health staff visit class

Clinical staff deliver a session on STIs and testing to students.

Option 3: Interviews with health staff (only suitable for a school situation in a large town or city where there are multiple services) *Students work together to develop an interview schedule for their health staff interview and call and book an interview time with a clinician from the list of pre-contacted staff and services.*

Option 4: Research project and presentation

Students go online to further research STI testing and local services and report back to the class.

QUESTION BOX

Recap how the question box works and ask students to write questions to be answered in the next session. Collect questions.

Question box

Scrap paper

Pens

Handout 8.1 Youth quotes on barriers

<p>I don't know what I need to say to the reception staff—I don't want them knowing my business.</p>	<p>I'm afraid I will see my family members there and they will ask me why I am at the clinic.</p>	<p>The clinic is on the other side of town—it's hard to get to especially when it's hot or raining.</p>
<p>I don't know what to say to the doctor or health worker to ask for a test.</p>	<p>I know what to say to the health worker, but I'm too embarrassed to say it—they might judge me.</p>	<p>I don't want anyone to see me walking in to the clinic—even if it isn't for sexual health stuff, they will assume it is.</p>
<p>People in the waiting room will be looking at me and wondering why I am there (even if they don't ask me).</p>	<p>I heard that the doctor will look at your private parts...</p>	<p>What if the nurse or doctor is the opposite gender to me?</p>
<p>My aunty works at the clinic. I don't want to see her but I'm too shame to tell her that I want to see someone else.</p>	<p>I don't know how to book an appointment—what do I say to them?</p>	<p>Getting a checkup takes a long time. I don't want to wait.</p>
	<p>I'm worried people will overhear me when I am with the health worker—the consult room is near the waiting room or sometimes they only have curtains up so people can hear everything.</p>	