

LESSON 9 IDENTIFYING SAFE PLACES AND SEEKING HELP—PART 3 EXPLORATION OF SEXUAL HEALTH SERVICES CONTINUED

Learning Intentions

Students will know services available in the community that support sexual health.

Success Criteria

By the end of this session, students will be able to:

- 1 explain the term sexual health
- 2 describe sexual health checks and where to get them.

Teacher background information

- 1 [Getting tested for BBVs & STIs Factsheet](#) & [Getting a check-up Factsheet](#) (external links)
- 2 Gather relevant information regarding local STI testing Services

TIME	ACTIVITY	RESOURCES
00:00–05:00 (5 mins)	<p>WELCOME AND GROUP AGREEMENT</p> <p>Display and remind students of the <i>Group agreement</i> created in lesson 1.</p> <p>Question box: Answer questions from previous session.</p>	<p><i>Group agreement</i> created in lesson 1 + Group agreement guidelines</p> <p>Question box</p>
05:00-10:00 (5mins)	<p>Reviewing the community map created in lesson 1</p>	<p>Community map created in lesson 1</p>

EXPLORING SEXUAL HEALTH SERVICES

Teacher note: for option 1 or 2: Prior to this activity please contact your local health services to brief them. Your local Department of Health Sexual Health unit can assist with appropriate contacts, local Family Planning Association or Public Health/Sexual Health team at the local Aboriginal Community Controlled Health Service (ACCHS). These services may even be able to assist with booking the excursion or visit. Consider engaging a clinician of each gender to support this in a culturally secure way.

Option 1: Excursion to health clinic

Students visit the local health service that provides STI testing and sexual health services.

- Explain to students that as a group, you will be visiting the local health service who delivers sexual health services. The health service will be providing a walk through tour of what happens in an STI check from arriving, waiting, testing and getting results.
- Using the questions students previously developed, students make a plan about who will ask each of the questions they have come up with and at what point in the tour it would be most appropriate to ask.

(HINT: for quieter classes or students, questions could be written on a piece of card and handed to the clinician and/or they could be presented to the health service to ensure the tour answers all their questions.)

TIME	ACTIVITY	RESOURCES
	<p>Option 2: Health staff visit class <i>Clinical staff deliver a session on STIs and testing to students.</i></p> <ul style="list-style-type: none"> • Explain to students that clinicians are visiting the class to provide more information about STI testing. • Brief the clinicians on the questions students previously developed <p>Option 3: Interviews with health staff (only suitable for a school situated in a large town or city where there are multiple services)</p> <ul style="list-style-type: none"> • In small groups students work together to develop an interview schedule for their health staff interview. • Students call and book an interview time with a clinician from the list of pre-contacted staff and services. • Students share the interview questions and assign one person to scribe or alternatively, record the interview. • Students can conduct the interview over the phone or in person. • Students provide a report to the teacher summarising the results of the interview and a self-reflection of what they learnt from the interview and from the process of conducting an interview. <p>Option 4: Research project and presentation <i>Students go online to further research STI testing and local services and report back to the class.</i></p> <ul style="list-style-type: none"> • Split students into small groups. • Students are assigned an STI testing service to research: ACCHS/Aboriginal Medical Service, Sexual Health Clinic/ HIV Service, GP/Headspace, Self Testing. 	

CLOSING DISCUSSION

Students share one new thing they learnt from the activity.

QUESTION BOX

Recap how the question box works and ask students to write questions to be answered in the next session. Collect questions.

- Question box
- Scrap paper
- Pens

